



A LEGISLATIVE AGENCY OF THE PENNSYLVANIA GENERAL ASSEMBLY

The Picture of Mental Health: Snapshots of Data

Senate Majority Policy Committee

Danville, PA | August 5, 2025

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**Legislative research agency of the Pennsylvania General Assembly
(Act 16, 1987 & Act 12, 2009)**

Center for Rural Pennsylvania

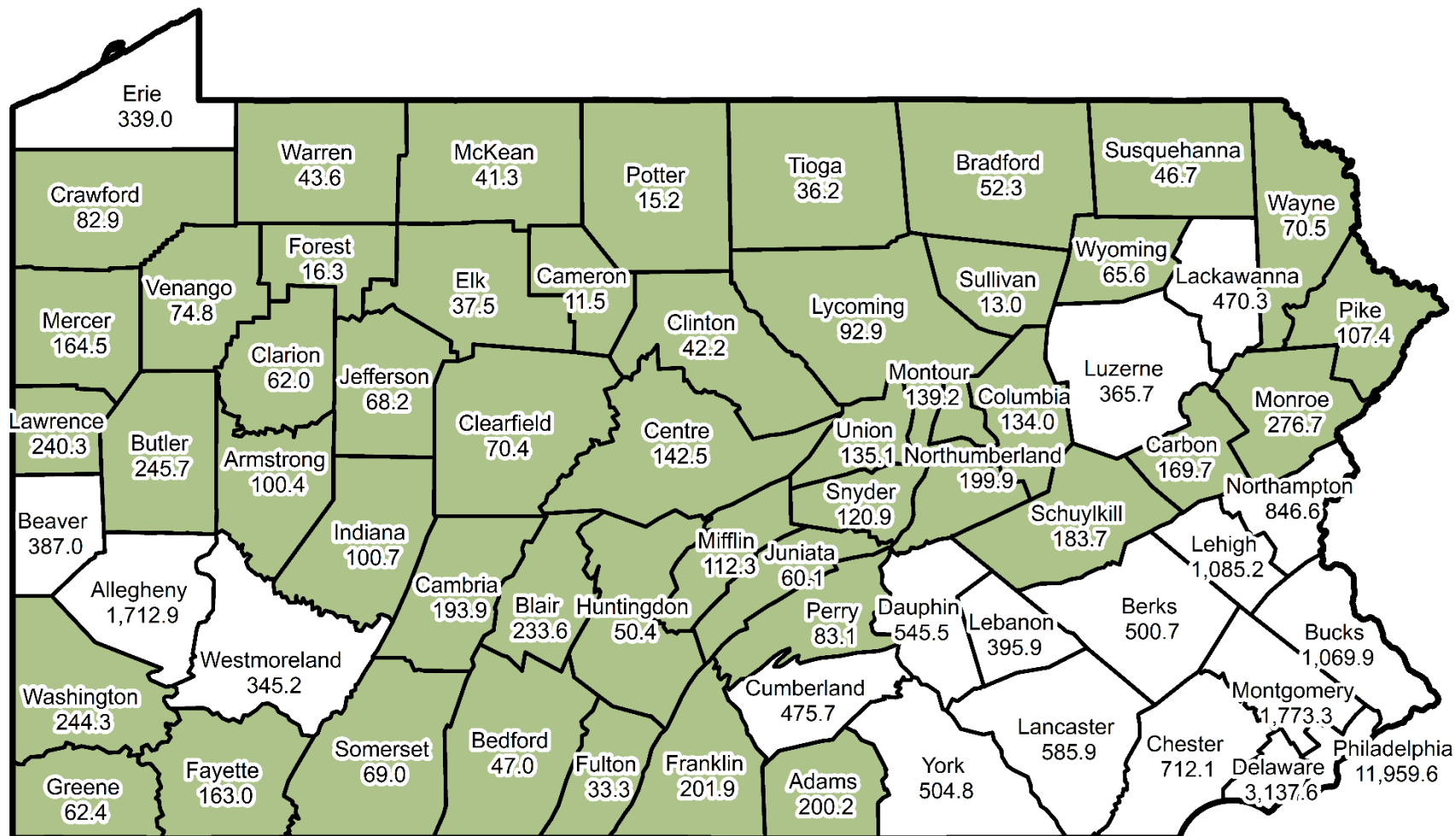
Mandates

- Administer grants to conduct research on rural conditions.
- Maintain a database on rural conditions and needs.

Recent Legislative Hearings:

Rural Hospital and Health Care Sustainability, Rural Population Change, Child Care Access in Rural Pennsylvania, Opioid and Substance Use Disorder Crisis, Rural Mental Health Awareness, Healthcare Policies from Other Jurisdictions

Pennsylvania Rural and Urban Counties, 2020



Statewide Population Density = 291 Persons per Square Land Mile, 2020

- 19 Urban Counties - Population Density At or Above Statewide Rate
- 48 Rural Counties - Population Density Below Statewide Rate



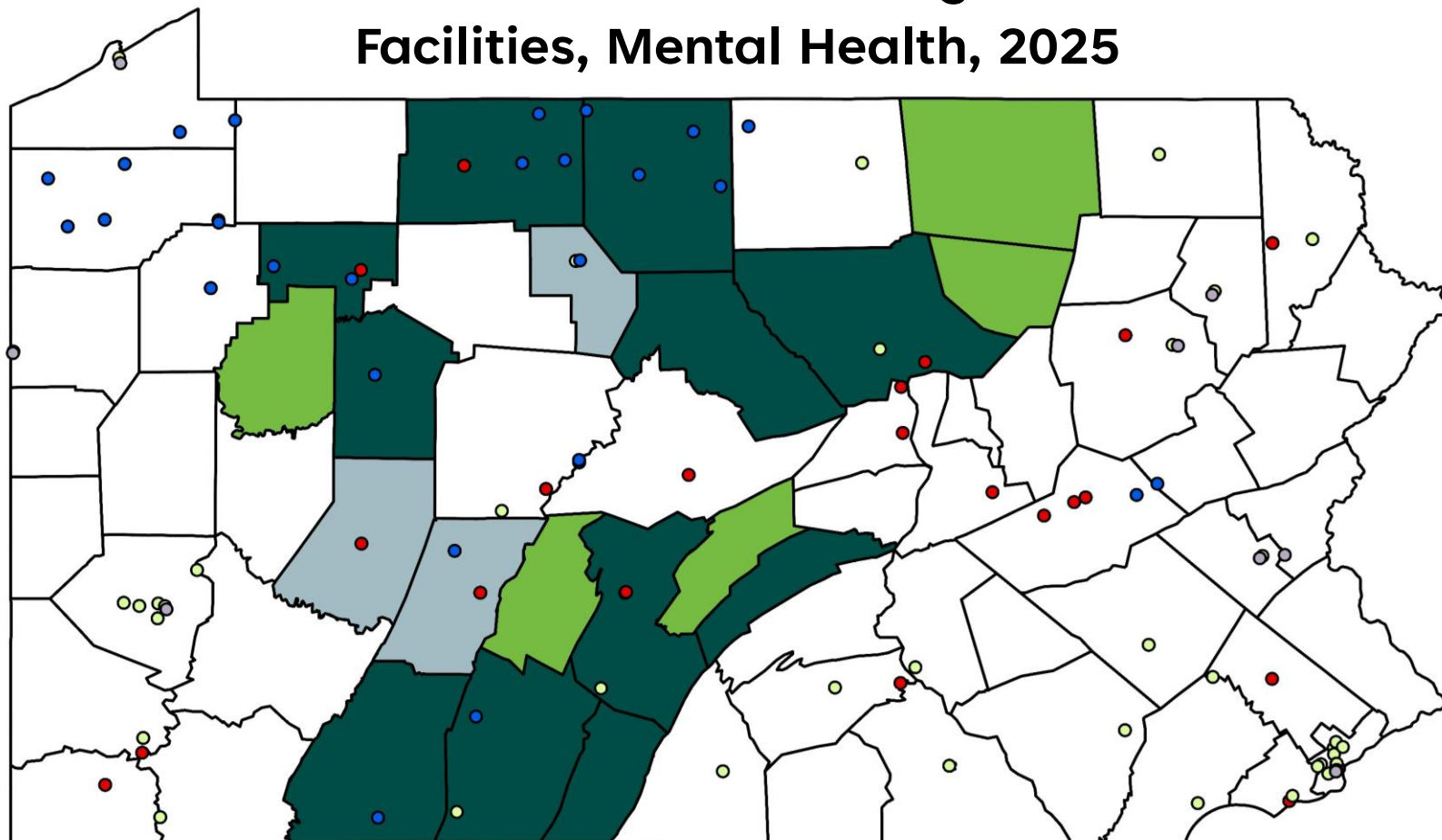
Mental Health: Access, Support, and Care

Health Professional Shortage Area Definition

A Health Professional Shortage Area (HPSA) is a geographic area, population group, or health care facility that has been designated by the Health Resources and Services Administration (HRSA) as having a shortage of health professionals. There are three categories of HPSAs: 1. Primary Care 2. Dental Health 3. Mental Health

Type of HPSA	Definition
Geographic HPSA	A shortage of providers for an entire group of people within a defined geographic area
Population HPSA	A shortage of providers for a specific group of people within a defined geographic area. Examples include low-income populations, homeless populations, and migrant farmworker populations.
Facility HPSA	Correctional Facility, State/County Mental Hospital, FQHCs, FQHCs Look-Alikes, Certified Rural Health Clinics, etc.

Health Professional Shortage Areas & Facilities, Mental Health, 2025



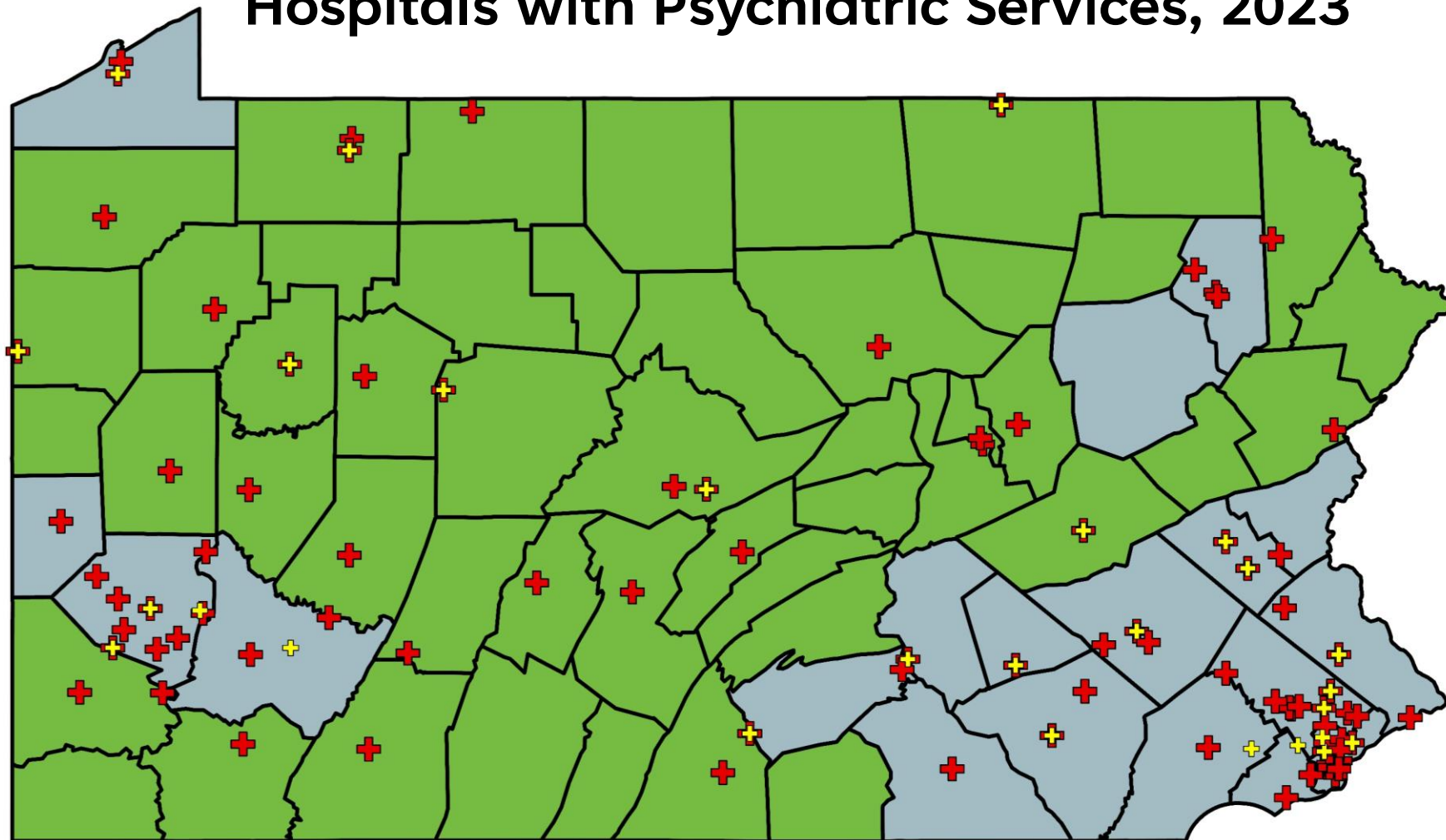
- Correctional Facility (n=23)
- Federally Qualified Health Center (n=42)
- Federally Qualified Health Center Look A Like (n=8)
- Rural Health Clinic (n=28)
- Geographic HPSA (n=3)
- HPSA Population (n=5)
- High Needs Geographic HPSA (n=11)

Mental Health	# of HPSA Areas	# of HPS Facilities
Statewide	19	101
Rural	18*	55
Urban	1	46

*Note: Clinton and Lycoming County are a combined HPSA area.

Data Source: Health Resources & Services Administration & U.S. Census Bureau

Hospitals with Psychiatric Services, 2023



Statewide Total = 93 Hospitals with Psychiatric Services*

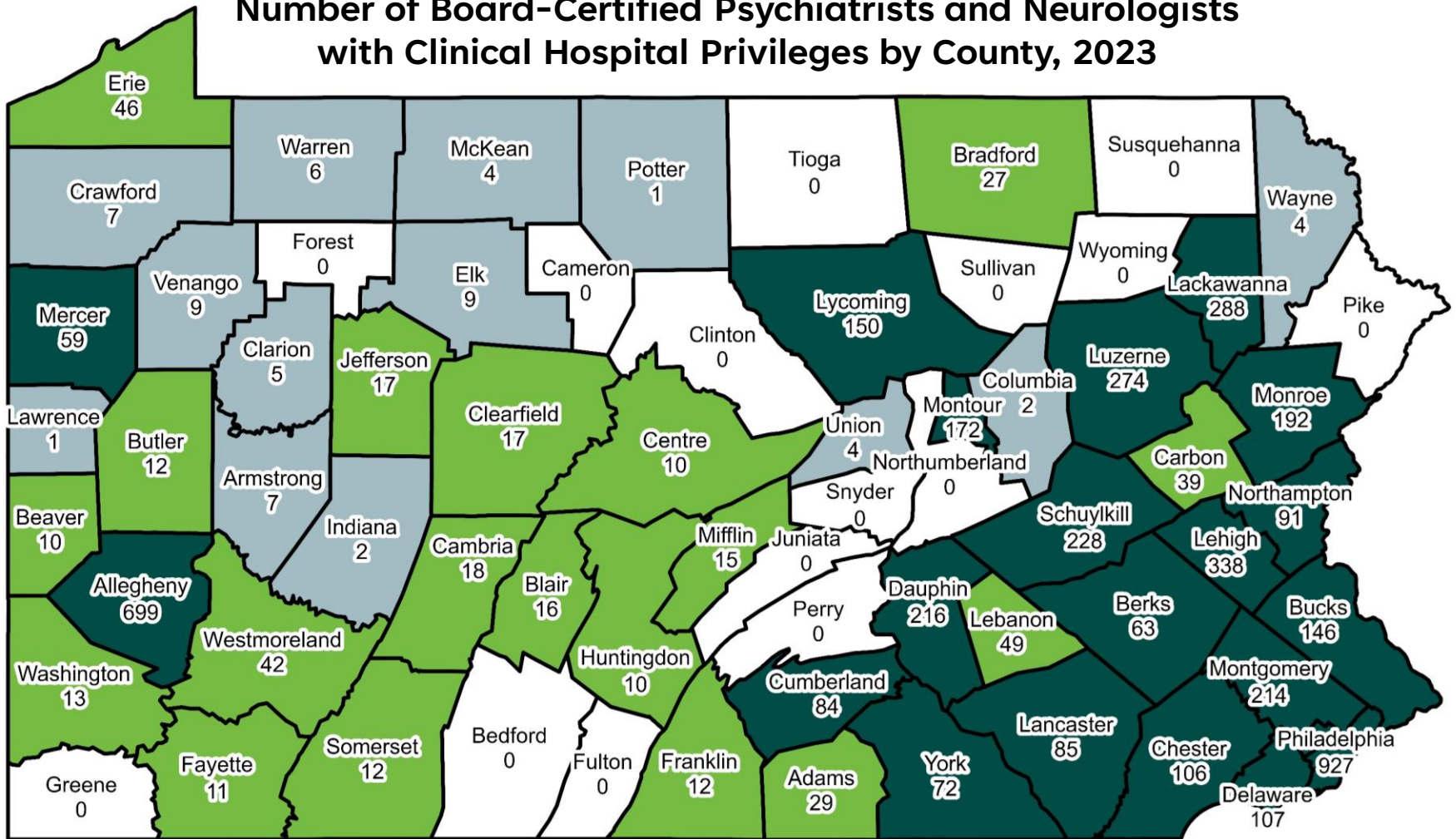
✚ Hospitals with Children (<17) Psychiatric Services (n=27)

✚ Hospitals with Adult (17+) Psychiatric Services (n=88)

**Note: A hospital may provide both adult and children psychiatric services*

Data Source: Pennsylvania Department of Health.

Number of Board-Certified Psychiatrists and Neurologists with Clinical Hospital Privileges by County, 2023



Statewide Total = 4,977 Board-Certified Psychiatrists and Neurologists

- No Physicians
- 10 to 49 Physicians
- <10 Physicians
- 50+ Physicians

	# of Board-Certified Psychiatrists and Neurologists
Rural	1,120
Urban	3,857

Number of Active Licensees by Type for Rural and Urban Pennsylvania, 2025

License Type	Active Number of Licensees	
	<i>Rural</i>	<i>Urban</i>
Behavior Specialist	1,018	3,198
Certified Registered Nurse Practitioner+	3,129	11,651
Clinical Social Worker	1,306	6,154
Dietitian-Nutritionist (LDN)	854	3,464
Marriage and Family Therapist	91	824
Medical Physician and Surgeon*	6,066	33,800
Medical Physician Assistant*	2,703	7,248
Osteopathic Physician and Surgeon*	1,774	6,549
Osteopathic Physician Assistant*	981	1,959
Pharmacist	4,350	14,614
Practical Nurse	20,078	30,477
Professional Counselor	2,077	8,089
Psychologist	680	4,827
Registered Nurse	49,159	147,339
Social Worker	1,539	7,143

*Can prescribe medications

+Depending on scope of practice can prescribe certain medications

Frequent Mental Distress* by County, 2022

This map displays the percentage of frequent mental distress across Pennsylvania's counties in 2022. The data is categorized into five levels, represented by different shades of green. The highest prevalence is found in Sullivan County at 21.0%, while the lowest is in Montgomery County at 15.0%.

County	Percentage
Adams	18.0%
Allegheny	17.0%
Arcata	17.0%
Armstrong	19.0%
Beaver	17.0%
Bedford	19.0%
Berks	17.0%
Bucks	17.0%
Blair	20.0%
Butler	16.0%
Cambria	19.0%
Cameron	20.0%
Carbon	18.0%
Cecil	17.0%
Centre	18.0%
Chester	14.0%
Clearfield	19.0%
Clinton	20.0%
Columbia	19.0%
Crawford	20.0%
Cumberland	16.0%
Delaware	16.0%
Dauphin	18.0%
Erie	19.0%
Elk	18.0%
Fayette	20.0%
Fulton	19.0%
Franklin	19.0%
Greene	19.0%
Harrisburg	17.0%
Huntingdon	19.0%
Indiana	19.0%
Juniata	19.0%
Jefferson	19.0%
Lancaster	18.0%
Lebanon	18.0%
Lehigh	18.0%
Luzerne	19.0%
Lackawanna	18.0%
Lycoming	17.0%
McKean	18.0%
Montgomery	15.0%
Monroe	17.0%
Montour	18.0%
Morgan	17.0%
Mifflin	20.0%
Northampton	17.0%
Northumberland	19.0%
Perry	19.0%
Pike	17.0%
Potter	19.0%
Pottsville	17.0%
Schuylkill	20.0%
Snyder	17.0%
Somerset	19.0%
Sullivan	21.0%
Susquehanna	17.0%
Tioga	19.0%
Union	19.0%
Venango	19.0%
Washington	18.0%
Wayne	19.0%
Westmoreland	17.0%
Warren	20.0%
York	18.0%
York	18.0%

At or Below 16.0%
 17.0% to 19.0%
 20.0%+

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Poor Mental Health Days* by County, 2022

The map displays the number of poor mental health days for each of Pennsylvania's 67 counties in 2022. The data is as follows:

County	Poor Mental Health Days
Adams	5.7
Allegheny	5.4
Arcade	5.3
Armstrong	5.8
Beaver	5.4
Bedford	6.0
Berks	5.2
Blair	5.9
Butler	5.3
Cambria	5.8
Carbon	5.8
Cecil	5.3
Centre	5.5
Chester	4.6
Clearfield	5.6
Clinton	5.9
Columbia	5.9
Crawford	5.8
Cumberland	5.1
Dauphin	5.5
Delaware	5.5
Erie	5.9
Forest	5.4
Fayette	5.8
Fulton	5.8
Franklin	5.6
Harrisburg	5.3
Huntingdon	5.7
Indiana	5.5
Juniata	5.9
Jefferson	5.8
Lancaster	5.5
Lackawanna	5.4
Lebanon	5.4
Lehigh	5.3
Luzerne	5.7
Lawrence	5.9
Lycoming	5.6
McKean	5.7
Merger	5.6
Monroe	5.6
Montgomery	5.0
Montour	5.6
Morgan	5.3
Northampton	5.6
Northumberland	6.1
Perry	5.8
Pike	5.3
Potter	5.9
Pottsville	5.3
Snyder	6.0
Schuylkill	6.1
Somerset	6.0
Susquehanna	5.5
Tioga	5.8
Union	5.8
Warren	5.8
Washington	5.3
Westmoreland	5.3
Wayne	5.5
York	5.6

At or Below 5.1 Days
 5.2 to 5.9 Days
 6.0+ Days

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Alzheimer's: From Diagnosis to Support

Projections of Alzheimer's Disease Based on Age, 2020 to 2040

Estimated Alzheimer's Disease Cases - 2020

Pennsylvania:
268,991

Rural: 77,154

Urban: 191,837

Projected Alzheimer's Disease Cases - 2040

Pennsylvania:
401,687

Rural: 113,089

Urban: 288,598

Estimated Increase in Alzheimer's Cases Attributable to Smoking and Obesity, 2020

Estimated Increase in Cases from Smoking - 2020

Pennsylvania:
19,600

Rural: 6,227

Urban: 13,373

Estimated Increase in Cases from Obesity - 2020




Pennsylvania:
26,363

Rural: 7,982

Urban: 18,381

Skilled Nursing Facilities, 2023 - 2024

County	SNF Count
Adams	6
Allegheny	52
Armstrong	4
Beaver	6
Bedford	2
Berks	15
Bucks	32
Blair	10
Butler	12
Cambria	9
Butler	12
Clarion	3
Crawford	6
Clearfield	4
Clinton	2
Columbia	4
Centre	6
Cameron	1
Chester	20
Delaware	27
Franklin	9
Fayette	7
Fulton	1
Huntingdon	3
Greene	2
Washington	12
Westmoreland	19
Indiana	5
Jefferson	4
Elk	2
Forest	1
Warren	3
McKean	6
Potter	2
Tioga	3
Bradford	4
Susquehanna	3
Wayne	3
Pike	2
Monroe	4
Carbon	3
Northampton	11
Lehigh	17
Bucks	32
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6
Cumberland	17
Perry	3
Juniata	3
Mifflin	3
Huntingdon	3
Snyder	1
Union	3
Northumberland	7
Montour	2
Columbia	4
Schuykill	13
Lebanon	10
Berks	15
Montgomery	59
Philadelphia	45
Lancaster	31
Chester	20
Delaware	27
York	15
Adams	6

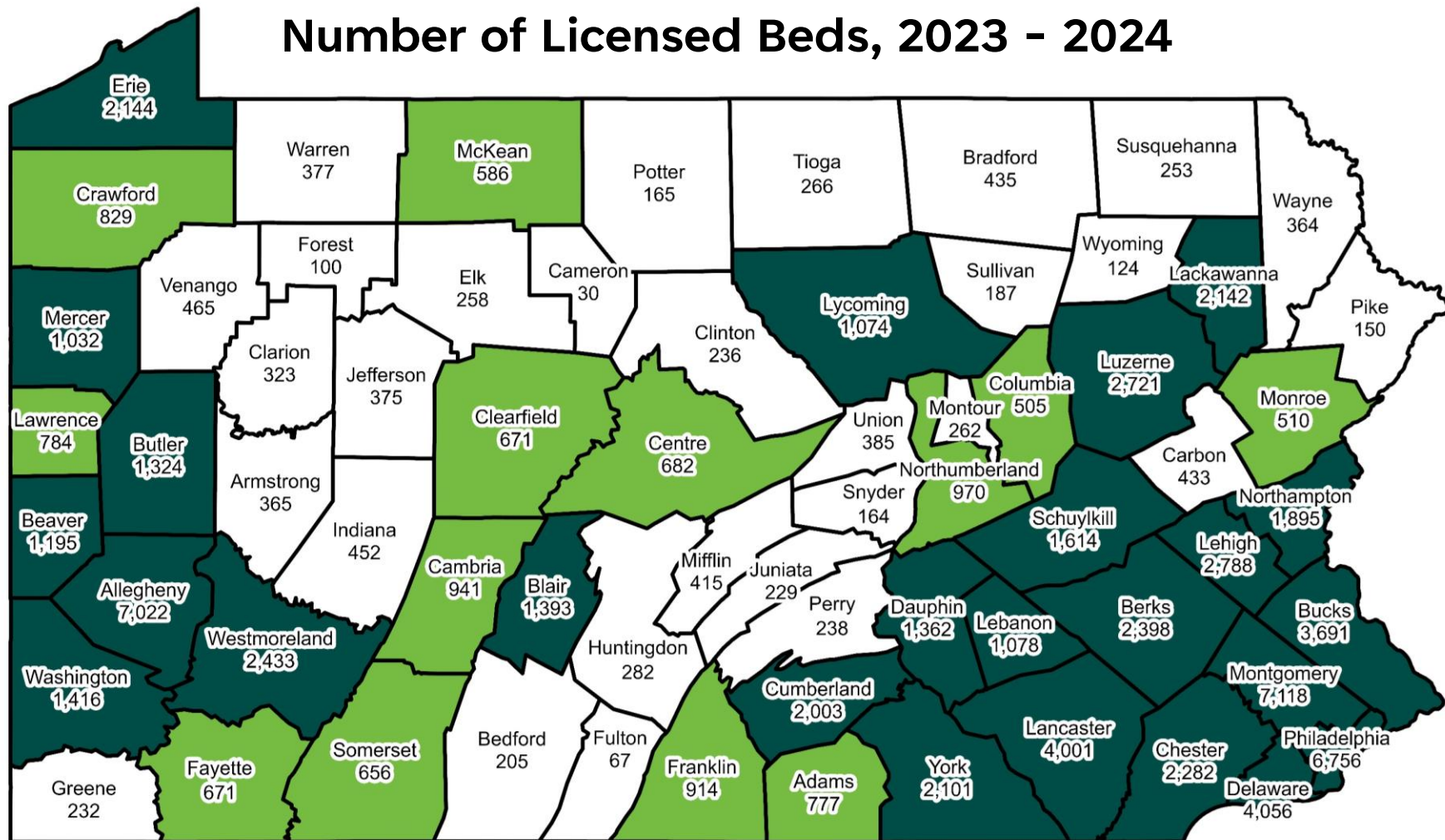
 <5 Nursing Facilities
 5 to 9 Nursing Facilities
 10+ Nursing Facilities

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Data source: Pennsylvania Department of Health.

Skilled Nursing Facilities

Number of Licensed Beds, 2023 - 2024



Statewide = 84,372 Licensed Beds

- <500 Licensed Beds
- 500 to 999 Licensed Beds
- 1,000+ Licensed Beds

	Number of Licensed Beds
Rural	25,186
Urban	59,186

Data source: Pennsylvania Department of Health.

with a Dementia Unit, 2023 - 2024

No Dementia Units
 <5 Facilities with a Dementia Unit
 5 to 9 Facilities with a Dementia Unit
 10+ Facilities with a Dementia Unit

	Number of Facilities with a Dementia Unit
<i>Rural</i>	74
<i>Urban</i>	135

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with Psychiatric Services, 2023 - 2024

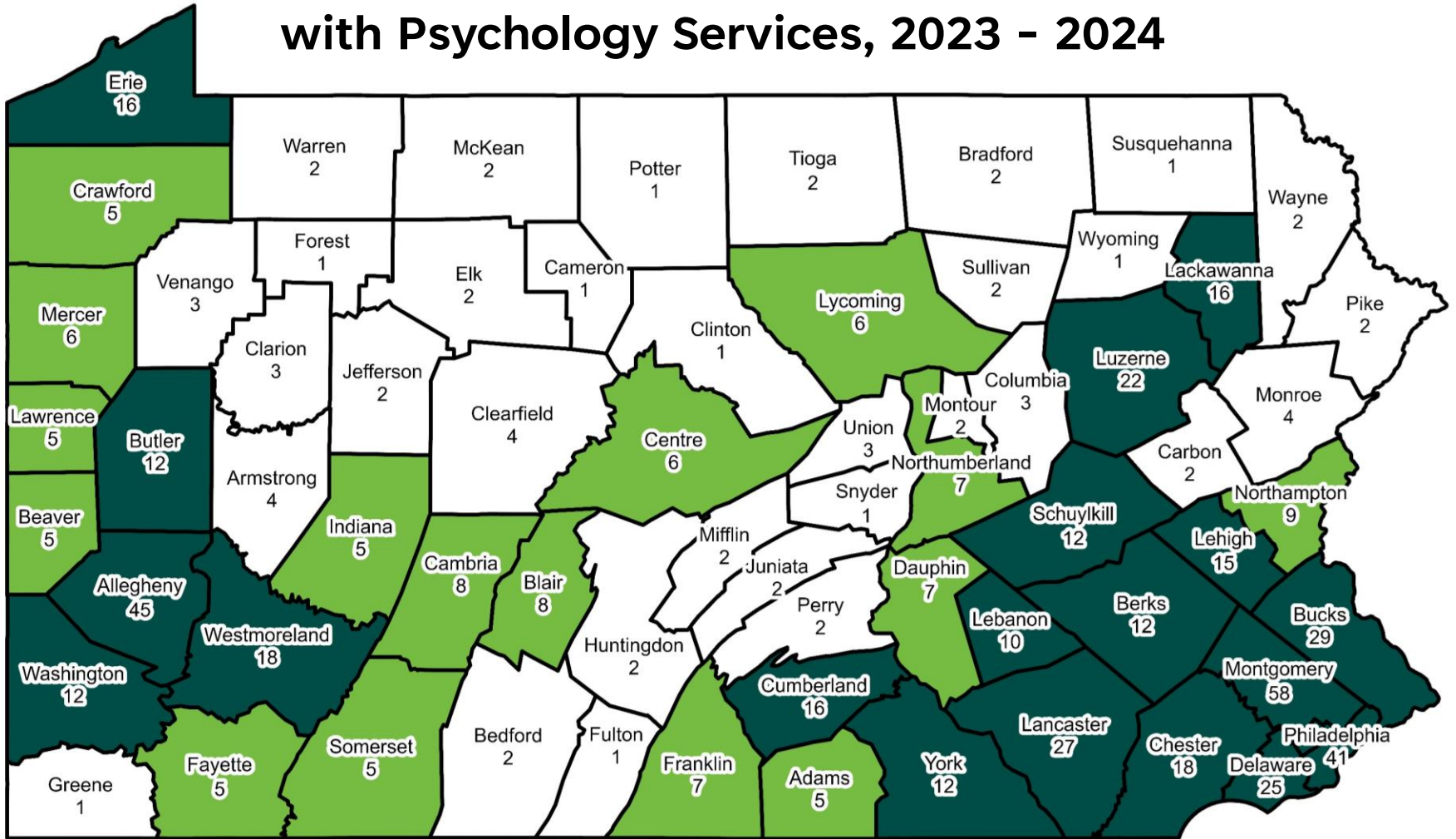
County	Projected Services (2023-2024)
Allegheny	47
Armstrong	4
Beaver	5
Butler	10
Cambria	8
Bedford	2
Blair	10
Bradford	1
Bucks	30
Berks	13
Butler	10
Clarion	3
Cameron	1
Clearfield	4
Columbia	4
Clinton	2
Crawford	4
Cumberland	14
Delaware	26
Dauphin	8
Franklin	7
Fayette	7
Fulton	1
Huntingdon	2
Greene	2
Indiana	5
Jefferson	4
Lancaster	29
Lackawanna	14
Lawrence	8
Lebanon	9
Lehigh	16
Luzerne	19
Lycoming	7
Monroe	4
Montgomery	59
Montour	2
Mercer	9
Mifflin	3
Northampton	11
Northumberland	7
Perry	1
Pike	2
Potter	1
Snyder	1
Schuylkill	12
Somerset	6
Susquehanna	2
Sullivan	2
Tioga	3
Union	3
Washington	12
Westmoreland	17
Wayne	3
Warren	3
York	14
Adams	6
Philadelphia	43
Chester	19

<5 Facilities with Psychiatry Services
 5 to 9 Facilities with Psychiatry Services
 10+ Facilities with Psychiatry Services

	Number of Facilities with Psychiatric Services
<i>Rural</i>	200
<i>Urban</i>	404

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Skilled Nursing Facilities with Psychology Services, 2023 - 2024



Statewide = 580 Facilities

 <5 Facilities with Psychology Services

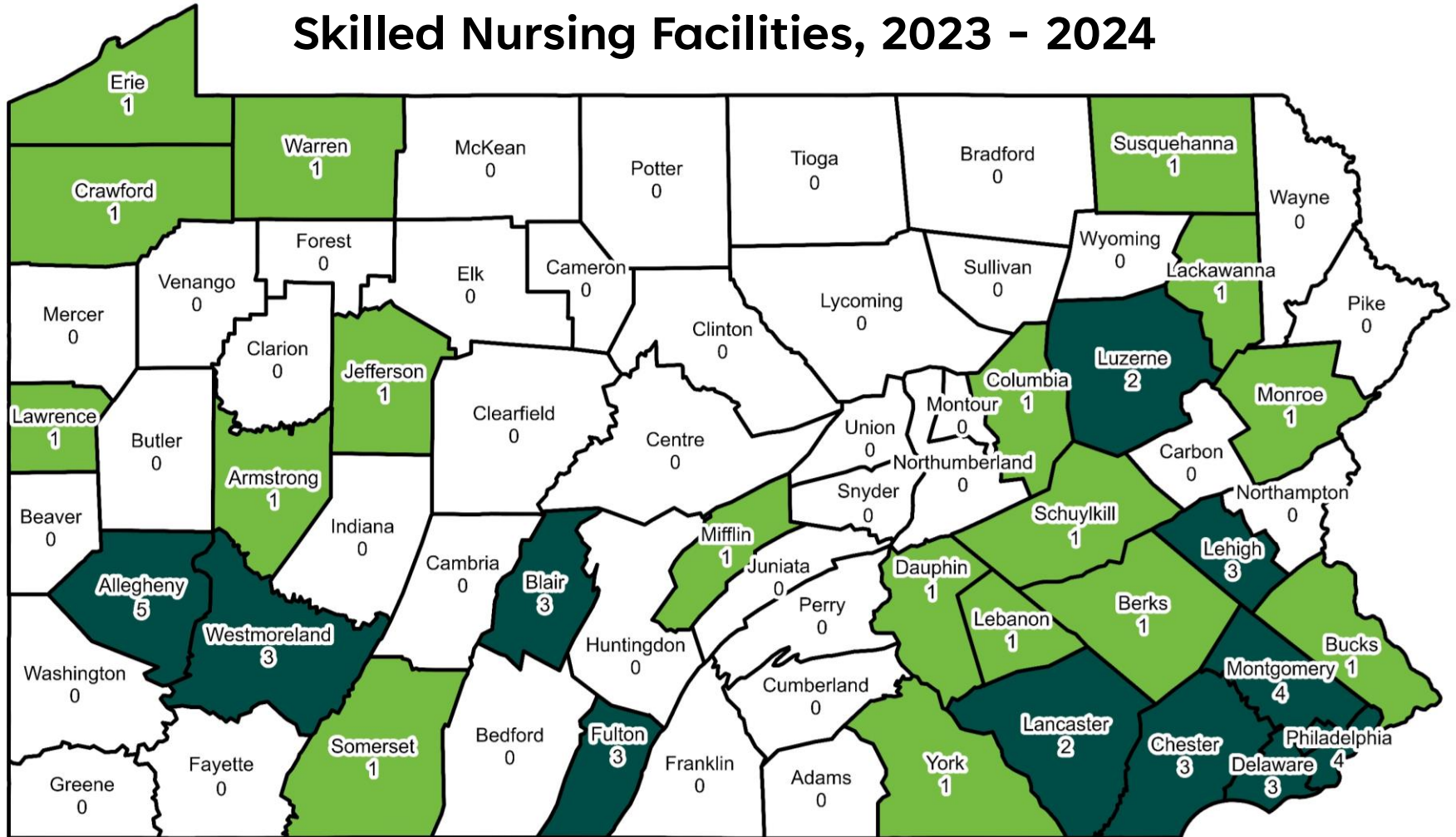
5 to 10 Facilities with Psychology Services

10+ Facilities with Psychology Services

	Number of Facilities with Psychology Services
<i>Rural</i>	179
<i>Urban</i>	401

Data source: Pennsylvania Department of Health.

Number of Full-Time Psychiatrists in Skilled Nursing Facilities, 2023 - 2024



Statewide = 53 Full-Time Psychiatrists

- No Full-Time Psychiatrist
- 1 Full-Time Psychiatrist
- 2+ Full-Time Psychiatrist

	Number of Full-Time Psychiatrists
Rural	17
Urban	36

Data source: Pennsylvania Department of Health.

Number of Part-Time Psychologists in Skilled Nursing Facilities, 2023 - 2024

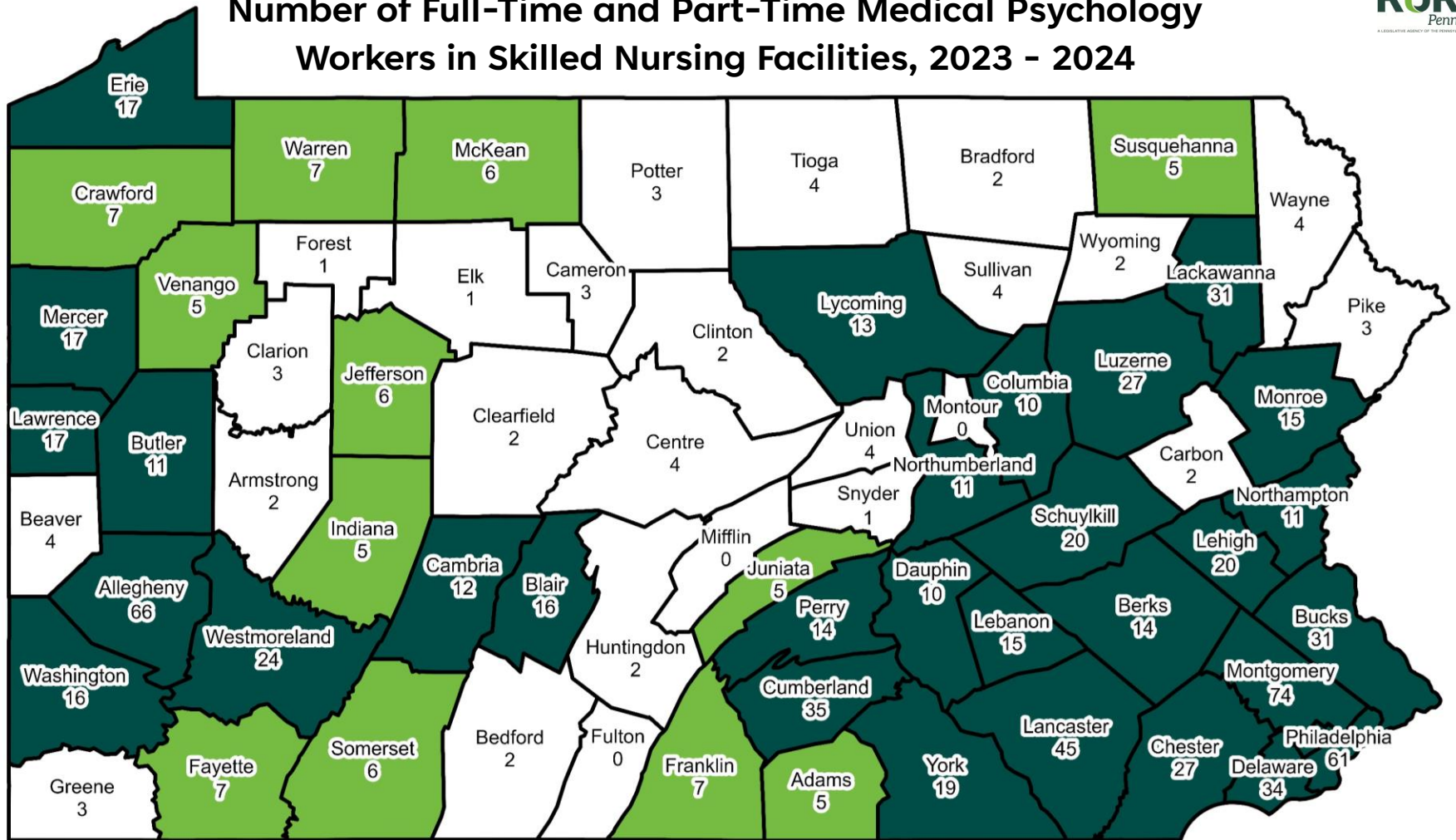
The map displays the following data for each Pennsylvania county:

County	Number of Psychologists
Allegheny	22
Armstrong	1
Beaver	5
Bedford	1
Butler	7
Cambria	7
Blair	5
Clarion	1
Crawford	1
Columbia	0
Cumberland	10
Delaware	12
Franklin	3
Fulton	0
Huntingdon	0
Indiana	3
Jefferson	1
Lancaster	13
Lebanon	4
Lehigh	4
Luzerne	12
Lackawanna	11
Lycoming	3
Monroe	2
Montgomery	19
Northampton	5
Northumberland	5
Perry	3
Pike	1
Potter	2
Schuylkill	7
Snyder	0
Somerset	3
Susquehanna	0
Tioga	2
Union	2
Warren	0
Washington	5
Wayne	2
Westmoreland	9
York	8
Greene	0
Forest	0
McKean	5
Clinton	2
Centre	3
Clearfield	1
Elk	2
Cameron	1
Dauphin	3
Juniata	3
Mifflin	0
Montour	0

No Part-Time Psychiatrist
 <5 Part-Time Psychiatrist
 5 to 9 Part-Time Psychiatrist
 10+ Part-Time Psychiatrist

Data source: Pennsylvania Department of Health.

Number of Full-Time and Part-Time Medical Psychology Workers in Skilled Nursing Facilities, 2023 - 2024

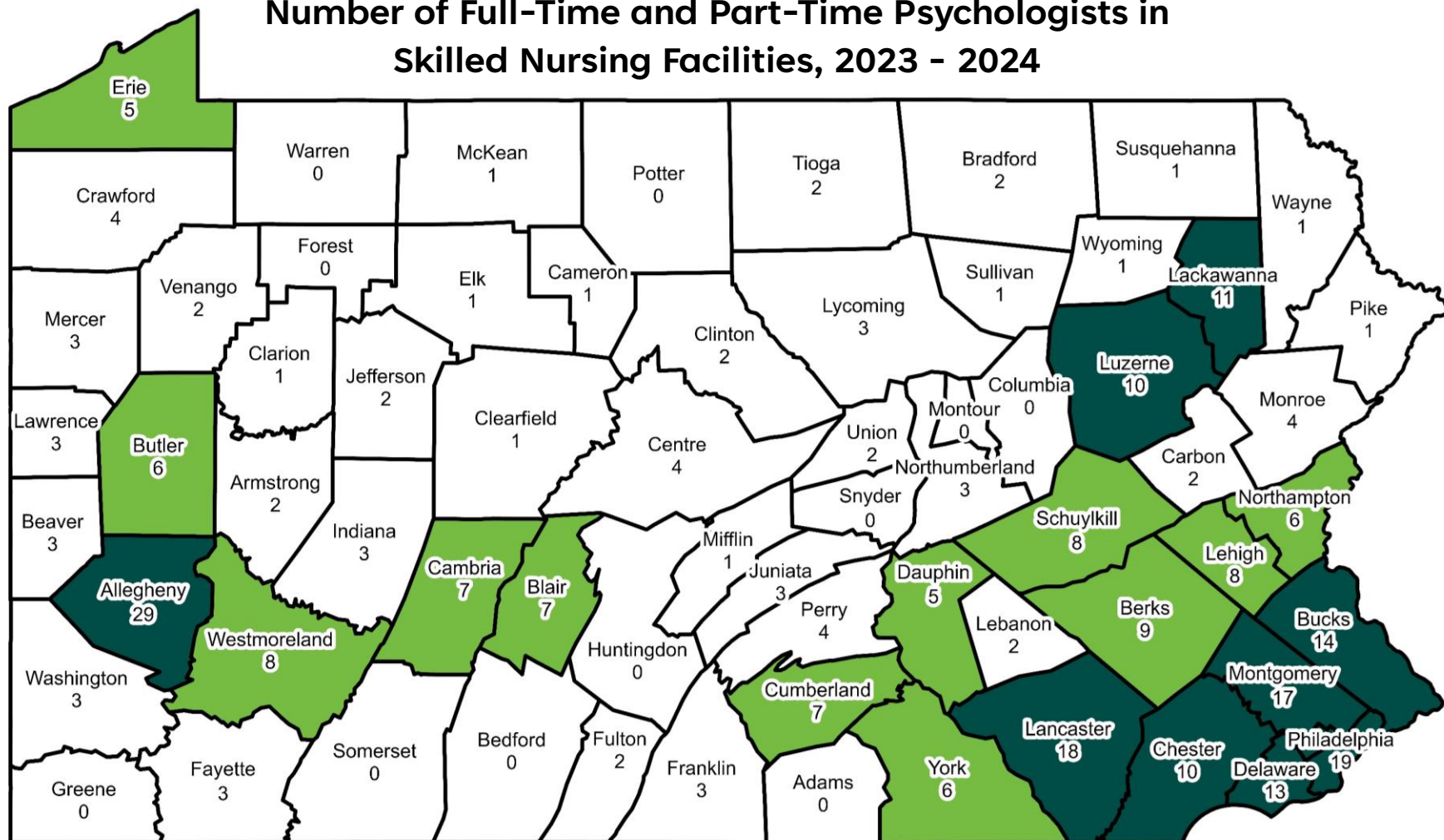


Statewide = 862 Medical Psychology Workers

- <4 Medical Psychology Workers
- 5 to 9 Medical Psychology Workers
- 10+ Medical Psychology Workers

	Number of Full-Time Medical Psychology Workers	Number of Part-Time Medical Psychology Workers
Rural	247	50
Urban	483	82

Number of Full-Time and Part-Time Psychologists in Skilled Nursing Facilities, 2023 - 2024



Statewide = 300 Psychologists

- <4 Psychologists
- 5 to 9 Psychologists
- 10+ Psychologists

	Number of Full-Time Psychologists	Number of Part-Time Psychologists
Rural	14	86
Urban	19	181

Home Health Care Services, 2023

This map displays the distribution of home health care services across Pennsylvania's 67 counties in 2023. The data is categorized into three groups based on the number of services: 0-10 (light green), 11-20 (medium green), and 21-50 (dark green). The highest number of services is reported in Allegheny County (156), followed by Philadelphia (221) and Bucks (81). The lowest number of services is reported in several counties, including Forest, Cameron, Sullivan, and Fulton, all with 0 services.

County	Services	County	Services	County	Services
Allegheny	156	Butler	30	Lawrence	9
Armstrong	2	Clarion	1	Beaver	11
Bedford	2	Cambria	20	Blair	25
Berks	29	Bucks	81	Butler	30
Bradford	4	Carbon	4	Centre	11
Butler	30	Columbia	11	Clearfield	7
Cameron	0	Dauphin	50	Clinton	2
Crawford	8	Delaware	88	Columbia	11
Delaware	88	Franklin	7	Forest	0
Elk	3	Fulton	0	Greene	1
Franklin	7	Huntingdon	2	Jefferson	2
Harrisburg	1	Lancaster	43	Lackawanna	29
Indiana	8	Lebanon	10	Lancaster	43
Lancaster	43	Lehigh	42	Lycoming	19
Lebanon	10	Montgomery	142	Monroe	12
Lehigh	42	Northampton	14	Northumberland	9
Luzerne	40	Perry	2	Pike	1
Lycoming	19	Snyder	2	Schuylkill	7
McKean	4	Susquehanna	0	Schuylkill	7
Montgomery	142	Tioga	2	Snyder	2
Northampton	14	Union	6	Susquehanna	0
Northumberland	9	Warren	2	Union	6
Perry	2	Washington	19	Wayne	4
Pike	1	Westmoreland	24	York	27
Schuylkill	7	York	27	York	27
Snyder	2	Adams	2	York	27
Susquehanna	0	Delaware	88	York	27
Union	6	Franklin	7	York	27
Warren	2	Huntingdon	2	York	27
Washington	19	Lebanon	10	York	27
Westmoreland	24	Montgomery	142	York	27
Wayne	4	Philadelphia	221	York	27
York	27	Delaware	88	York	27

No Home Health Care Service Located in County
 <5 Home Health Care Service
 5 to 24 Home Health Care Service
 25+ Home Health Care Service

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Average Number of Employees and Weekly Wage for Home Health Care Services, 2013 and 2023

Data source: Quarterly Census of Employment and Wages, PA Department of Labor and Industry.

Rural Pennsylvania

Urban Pennsylvania

2013

Average # of
Employees:
8,045

Average
Weekly
Wage: \$650

2023

Average # of
Employees:
10,482

Average
Weekly
Wage: \$907

2013

Average # of
Employees:
31,908

Average
Weekly
Wage: \$735

2023

Average # of
Employees:
60,228

Average
Weekly
Wage: \$909

In both rural and urban Pennsylvania, the number of home health care workers has been steadily increasing over the past 10 years. Each average represents an average number over 12 months.

A 3D rendering of a human brain, light pink in color, with a stethoscope wrapped around it. The stethoscope has a pink rubber tubing and a silver metal binaural. The background is a light blue gradient. The text "Student Mental Health Indicators" is overlaid in the center in a bold, black, sans-serif font.

Student Mental Health Indicators

Mental Health Issues Among 6th, 8th, 10th, and 12th Grade Students, 2023



**I am inclined to think that I
am a failure**

Rural = 24%
Urban = 23%



**Feel so sad or hopeless almost
every day for two weeks or more**

Rural = 28%
Urban = 26%



**Felt depressed or sad most
days**

Rural = 38%
Urban = 36%



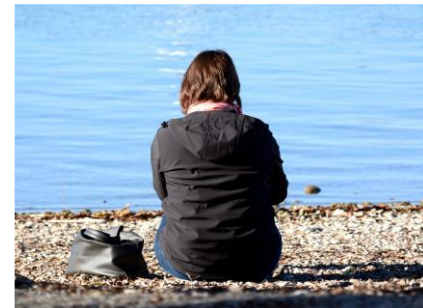
**Sometimes I think that life is
not worth it**

Rural = 25%
Urban = 24%



**At times, I think I am no good
at all**

Rural = 37%
Urban = 35%

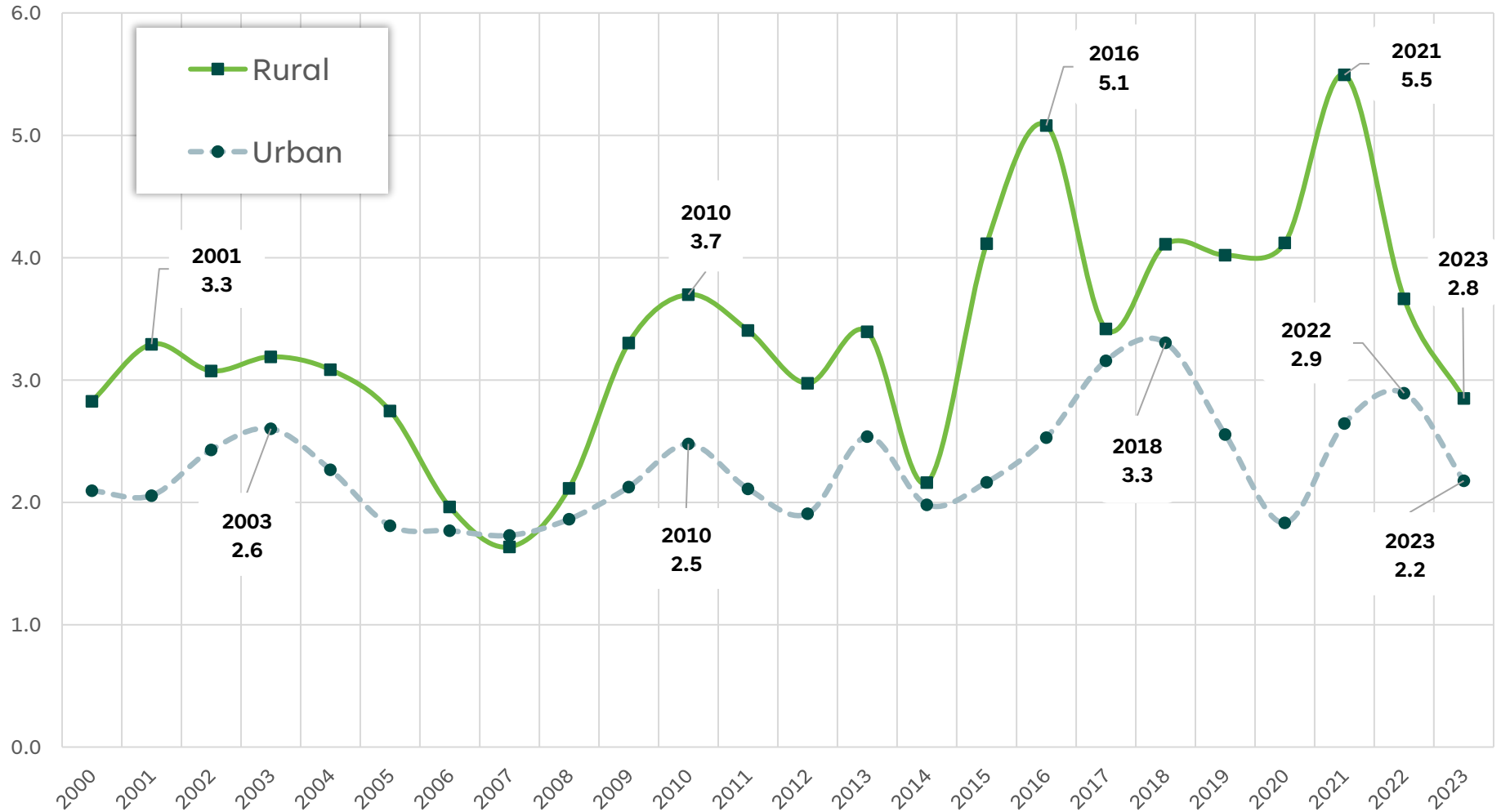


**Seriously consider attempting
suicide**

Rural = 17%
Urban = 15%

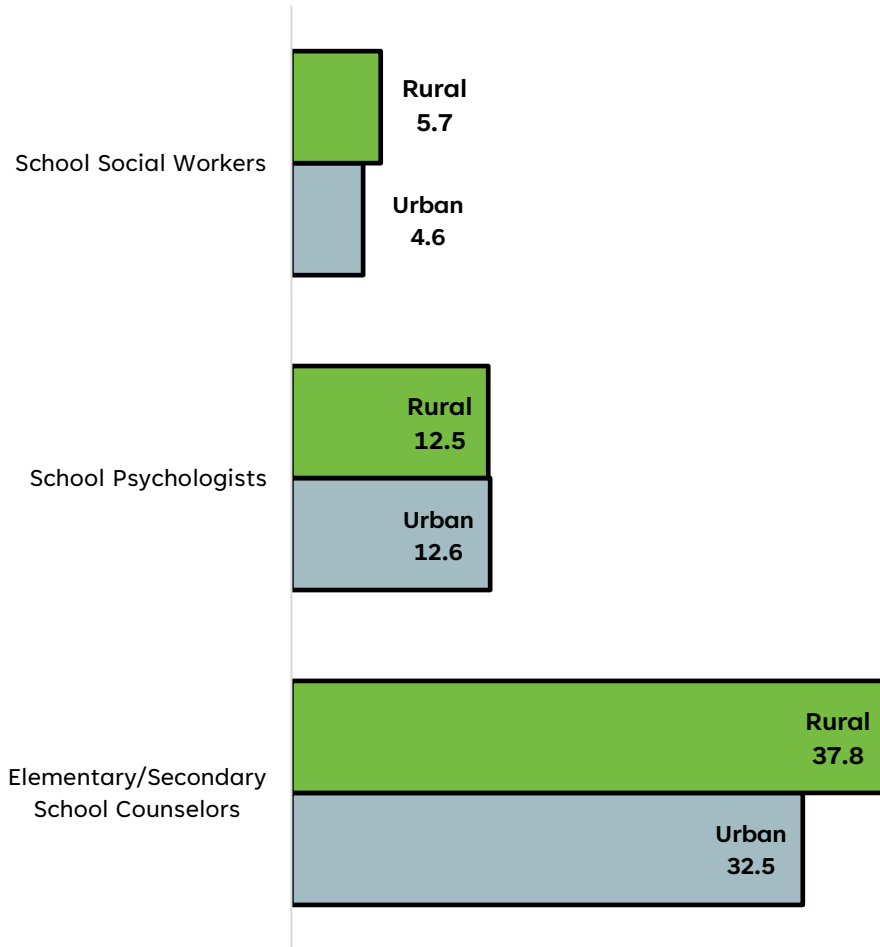
Youth Suicide Rates Rural and Urban Pennsylvania, 2000 to 2023

Number of reported suicides for person Under 20 Years Old per 100,000 population under 20 Years Old.



Addressing Student Mental Health Needs

Number of School Social Workers, School Psychologists, and Elementary/Secondary School Counselors per 10,000 Students 2024-25



School District Health Expenditures per Student, 2023-24

Rural

Guidance Services \$478 per Student

Psychological Services \$148 per Student

Social Work Services \$71 per Student

Pupil Health \$288 per Student

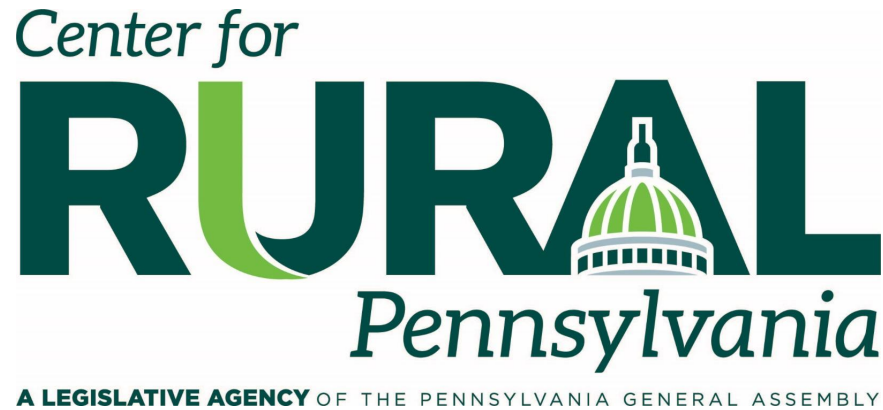
Urban

Guidance Services \$529 per Student

Psychological Services \$160 per Student

Social Work Services \$80 per Student

Pupil Health \$283 per Student



Thank You

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