

Testimony to the Senate Majority Policy Committee Hearing

Good morning.

I would like to thank Senator Scavello, and the Policy Committee members for allowing me to speak today about the mandates and their consequences. I have been in active chiropractic practice for over 35 years. I also have a practice devoted to nutrition and lifestyle counseling and treatment. I have a Bachelor of Science degree in biology, a doctorate degree in chiropractic, and hundreds of hours of post graduate education. Following my undergraduate education, I was employed as a microbiologist. I author a biweekly newsletter covering topics related to health and wellness. I have also written a book about natural health and wellness and authored numerous published articles on the topic, which I have presented in various forums around the country. I serve as the President of a 501-C4 non-profit organization called the Shield of Truth Network which serves our to educate our members regarding the facts about much of what we have seen occurring in our communities, the Commonwealth, and our Nation since the beginning of the pandemic. Our organization stands on the words of Thomas Jefferson when he said, "If we are to guard against ignorance and remain free, it is the responsibility of every American to be informed."

It has been my mission over the last nearly 2 years to study and attempt to understand the novel coronavirus, SARS CoV-2, the "vaccines" and the effects of both of these unexpected assaults on our citizenry. Without a complete understanding of these issues and their consequences it is very difficult to comprehend the use of edicts, executive orders, and mandates by political leaders on the public. Many of which in my opinion were not necessary, and also had devastating consequences on the public at large. It has been very challenging to tease the truth out of the mounds of information which has been pumped out to the public on a daily basis.

As an example, in 2020 I had been tracking and writing about comparative statistics regarding total cases and deaths from pneumonia, influenza, and what became known to all of us simply as COVID. These stats were easy to find and distinguish on the CDC's website in mid and late 2020. However, all of that changed in 2021. Every time that I attempted to search the CDC for the statistics on pneumonia and flu everything that came up related to COVID-19 stats.

Therefore, I could not compare the incident and death stats for these 3 conditions individually. This caused me to begin to question the reporting of statistics regarding these 3 conditions.

Once the mandates began, I once again attempted to correlate the referenced research regarding multiple mandated activities such as social distancing mandates, essential business mandates and masking mandates. Once again, partially due to the relatively recent imposition of these mandates, it was difficult to find referenced journal data about the efficacy, and the long and short term effects of many of these recent mandates.

The first mandate that I attempted to explore was the mask mandate. The literature was sparse to say the least initially regarding the efficacy of masking relative to transmission of the virus. Therefore, I decided to attempt a simple study on my own. At the time the only source that had any studies that measured the pore size of the mask was a company that manufactured the N-95 masks. Therefore, I was able to compare the micron size of the pores in the N-95 mask with the micron size of the novel coronavirus. My findings indicated that there was a range in the micron size of the virus, and therefore the pores in the N-95 mask would allow the smaller sized viruses to potentially pass through the pores in the mask. Extrapolating this data, in relationship to what folks were using as "masks", which included everything from potholders to bandannas I could see that the efficacy of the mask mandate was marginal in many instances. Not to mention the confusion created by the so called "experts" in stating that public masking moved everywhere on the spectrum from not being necessary to being mandatory. And then to the point where multiple masks were recommended to be used at the same time.

The unexpected, and to a degree unforeseen, consequence of the use of masks ranged from acne to eye infections, and in other instances to upper respiratory infections. I have seen patients with all of these conditions in my practice. I can say from my own experience that wearing a mask constantly for 8 to 10 hours a day created some hypoxia, fatigue, and mental fog by the end of my day.

Many other consequences have also been documented relative to mask wearing over the last year and a half. These include an inability of young children (our least vulnerable age group) to develop communication skills based on facial

expression, and to heightened stress levels. The use of masks in an outdoor arena never made sense to me, nor did one-way aisles in a grocery or department store. Another inexplicable example was having airline passengers' social distance in the ticketing area of an airport, and then seating them shoulder to shoulder once seated on planes. My inability to rectify the scientific realities of this politically, and media driven edict was born out by a study performed at M.I.T. in which the room size and ventilation were considered and finding the changes that were implemented had very little affect. This study went on to state that the school closures for onsite learning "do not have a major impact on controlling the epidemic" and that "despite closing them, infections" at the time "keep occurring within the households and the community layers." So, once again this recommendation, or mandate had very little impact on the progression of the epidemic in our communities. One of the things that these edicts did do was to remove the freedom of the thinking public to choose what would work best for their own, and their family's, specific situation.

Once we saw that the "vaccine" was on the horizon many thought the end was in sight. However, we came to understand that the "vaccine" was actually a delivery system of genetic material that had been experimented with for decades but was never able to gain the research efficacy to be sufficient to receive FDA approval. All that was about to change due to the FDA's "emergency use" approval. This allowed this experimental "vaccine" made up in the case of the Pfizer and Moderna vaccines of a genetic material derived from components of the spike protein of the novel coronavirus called m-RNA, and in the case of the Johnson and Johnson and AstraZeneca "vaccines" the "vaccine" used DNA derived from the same area of the virus, the spike protein.

In time we came to realize that these never before approved forms of genetic material "vaccines" did not fit the historic definition of a vaccine. You see if you look up the commonly accepted standard definition of a vaccine you will see a prominent word in that definition. That word is "prevent", as in; "any preparation used as a preventive inoculation to confer immunity against a specific disease."

Unfortunately, we have come to learn that this shot does not rise to the level of a vaccine as we have historically seen in the past. I use the polio and smallpox vaccines which many of us received as children as examples. Those vaccines

prevented millions of us from experiencing the devastating affects of these two diseases. Unfortunately, this shot does not rise to this level. There are those who state that you will have a much less severe case of COVID-19 and less of a chance of dying of the disease if you have had the “vaccine” than if you do not have the protection of the shot. Unfortunately, I have not been able to find one referenced and reputable study that validates this assertion.

Now we are seeing techniques used to force individuals to give up their freedom to choose whether or not to use this shot. Many have contacted the Shield of Truth Network for help. We have as one of our 3 tenants that we are Biblically based. Therefore STN’s attorney has produced for us a Religious Exemption letter which we have allowed members of our organization to access freely. This letter has aided many individuals avoid the need to compromise their religious beliefs relative to taking the vaccine. In my opinion this situation should not necessitate the need for an individual have to disapprove the use of this “vaccine” by being required to use his or her religious beliefs to avoid this previously poorly tested inoculation. There should be the same freedom to choose as there is for any other medical procedure.

In order to circumvent the use of a religious exemption many employers are just flat out refusing the religious exemption or requiring the employee to prove their religious beliefs. This latter assertion by some employers is flat out illegal. As an example, one employer requires their employees to answer specific questions before allowing them to file a religious exemption. The questionnaire that the employee must fill out includes questions such as “Describe the belief or practice that necessitates this request for accommodation.”, “How long have you held this belief underlying your objection?”, “Would complying with the Company’s COVID-19 policy substantially burden your religious exercise? If so explain.”, “In some cases, the Company will need to obtain additional information and/or documentation about your practice(s) or belief(s). We may need to discuss the nature of your belief(s) or practice(s) with appropriate parties to address your request for an exemption.”, “If requested, can you provide documentation to support your belief(s)...” Particularly, when we consider the EEOC regulations which are incorporated into the STN religious exemption letter these types of questions to an employee prior to allowing them to file a religious exemption

letter appear to fly in the face of the vaccine regulations outlined in the EEOC regulations.

The other techniques that I have seen used against employees by their employers are things such as telling them that they must be tested for COVID multiple times during the week. I have also seen some patients who have been required to pay significantly higher insurance premiums than are charged to their vaccinated coworkers. And of course, we have seen many individuals lose their jobs as a result of not having the freedom to choose whether they will have this shot based on their individual needs, beliefs, and desires.

The situations that I have seen recently have denigrated due to social pressures from family and friends to the point where families and friendships have been fractured and broken up due to one person not being willing to take this shot. I have seen such political strong arming to force people to give up their right to choose. Many of these tactics and techniques are being challenged in the courts. I see that many State Attorneys General have sued the Biden Administration over many of the arbitrarily chosen mandates. I believe that we need to see more of this type of push back so that we do not forfeit our freedoms to tyrannical edicts or mandates. Many of which are poorly thought out, and certainly not founded on scientific facts.

I trust that fact finding events such as this will begin to shed light on the facts, and the outcomes of many of the events that have occurred over the past 2 years, so that we may develop a clear understanding relative to what we did right, and the many things that we did wrong, which caused a myriad of devastatingly poor results.

I thank you for your time and consideration of my thoughts and opinions on the subject of the multiple mandates and more specifically the recent vaccine mandates that have been promulgated upon us during this unprecedented time. I certainly am willing to make myself available for follow up discussion, or to present more detailed analysis of this subject if the Committee should desire either.